



Oyster Bay-East Norwich PUBLIC LIBRARY

January - February 2019

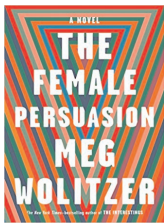
Newsletter



**BEST WISHES FOR A HAPPY AND HEALTHY NEW YEAR
FROM THE LIBRARY STAFF
AND
BOARD OF TRUSTEES**

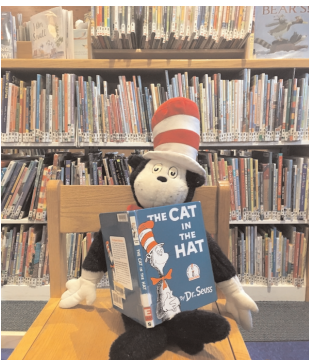


TAX TIME IS UPON US, but help is on the way! AARP volunteers will be available to assist you with your taxes on **Mondays from February 4 through April 15 (except February 18 when we are closed)**. **BY APPOINTMENT ONLY!** Appointments will be available at 10:00 am, 11:00 am, 12:00 pm & 1:00 pm. Registration begins January 14 in person or by phone for all.



Long Island Reads has selected *The Female Persuasion* by Meg Wolitzer.

Watch for further details on **North Shore Reads** at <http://www.northshorereads.org/>



1,000 BOOKS BEFORE KINDERGARTEN

Prepare your newborn, infant, toddler or preschooler for Kindergarten by reading together. This is a wonderful way to bond with your child and promote early literacy. You can stop by the Children's Room to pick up a reading log along with suggested reading lists or simply download them from the Children's Page on our website.

There will be prizes for 100, 500 and 1,000 books read.

Have books you would like to donate?

Please deposit donated books in the green box labeled **Better World Books** on the parking lot side of the Library. Proceeds go to the Library and the Friends of the Library.

Thank you for your donations.

**COMING SOON...ONLINE MUSEUM
RESERVATIONS & POD
(Print-on-Demand)**

IN INCLEMENT WEATHER -- DON'T FORGET

to check announcements of delayed openings or closings before venturing out on TV at **Cable channel 612**, online at www.news12.com, on radio at **WHLI, WBLI or WBAB**, or phone us at **516-922-1212**. The Library will close when conditions are considered hazardous for patrons and staff.

Adult Programs

Register online (classes without a fee only), in person, or call 922-1212. Non-residents must call or register in person.

Health

Blood Drive

Wednesday, January 2, 1:00 - 7:00 pm

Our community hospitals need your help. Your donation will help to save up to THREE lives. All donors will receive a pair of Mets tickets for the 2019 season. **For questions concerning medical eligibility please call: 1-800-688-0900.** Registration begins December 17 in person or by phone.

Making Your New Year's Resolutions Stick

Monday, January 7, 7:00 pm

Many people resolve to eat healthy or lose weight for the New Year. Most don't keep their resolutions. Nutritionist Maria Dello will discuss healthy lifestyle choices, weight loss and how to keep your resolutions! Registration begins December 17 for OB-EN residents, and on December 26 for non-residents, space permitting.

St. Francis Hospital Outreach Bus

Thursday, January 17, 10:00 am-2:00 pm

Free health screening for adults 18 and over. Includes a brief cardiac history, blood pressure test, and a simple blood test for cholesterol and diabetes. Patient education and referrals are also provided. FREE Flu Shots available. No appointment required.

Let's Make Cervical Cancer Extinct

Wednesday, January 30, 7:00 pm

Presented by Dr. Jill Whyte. More than 11,000 American women develop cervical cancer each year. Cervical cancer is a treatable condition, and there is an excellent chance of cure if the cancer is found and treated in the early stages. In this lecture, learn how the HPV vaccination, coupled with recommended cervical cancer screening, has the potential to eliminate most cases of cervical cancer. Registration begins December 17 for everyone.

Technology

Tech Buddies

Saturdays, January 26 & February 23
2:00, 2:45 or 3:30 pm
(appointment only)

High school student Jason Hom will sit down with you for a 30-minute one-on-one session to help you with your device (iPhone or iPad only). Registration begins December 17 for the January session and January 14 for the February session.

Tax Grievance Seminar hosted by Nassau County Legislator Joshua Lafazan
Saturday, January 19, 12:30 pm

Defensive Driving & Boating Safety

Coast Guard Auxiliary Boating Safety Course

Saturday, January 26, 9:00 am - 5:00 pm

The course is required for any person born on or after May 1, 1996 who will operate a powerboat (including sailboats under power) in New York State waters. Also mandatory for ALL personal watercraft operators. The course covers boat designs and selection, navigation, "Rules of the Road", emergencies on the water, required equipment, Federal and State boating laws and safety afloat. **Course and material fee: Adults \$40.00; 18 and under \$25.00; Family rate: two adults full price, each child \$12.00.** Checks or money orders payable to **USCG Auxiliary Oyster Bay.** In-person registration begins on December 17 for everyone and fee must be paid at time of registration.

Empire Safety Council Defensive Driving

Saturday, February 2, 9:30 am - 3:30 pm

For drivers of all ages. Fee is **\$30 per person (one check or money order per person, NO CASH).** Make checks to **Nick LaFroschia.** In-person registration begins January 14 for OB-EN residents, and on January 26 for non-residents, space permitting.

AARP Smart Drivers Course

Monday & Tuesday, February 25 & 26,
5:30 - 8:30 pm

The **AARP Smart Driver** course will help you refresh your driving skills, and may even help you save on your auto insurance! Cost is **\$20 for AARP members or \$25 for non-members.** All checks payable to **AARP.** In-person registration begins January 14 for OB-EN residents, and on February 19 for non-residents, space permitting.

Retirement

Smarter Social Security & Spousal Benefits

Wednesday, January 23, 7:00 pm

If you are married or have ever been married, learn about Social Security spousal benefits and if you are eligible to receive them. Presenters Daniel G. Mazzola, CFA CPA, will also take questions. Registration begins December 17 for everyone.

Craft

Valentine's Mug Painting

Tuesday, February 12, 6:30 pm

Paint a pair of beautiful clear mugs. Perfect to share coffee, tea or hot cocoa with your Valentine. Registration begins January 14 for OB-EN residents, and on January 29 for non-residents, space permitting.

Food & Cooking

Recipe Swap: Soup's On

Friday, January 11, 4:00 - 5:00 pm

Calling all home cooks! Here's your chance to get some new recipes and share one of your own favorites (or you can pick up a recipe at the reference desk if you prefer). Prepare your favorite soup or stew recipe at home and then bring it to the library for others to enjoy. Don't forget to bring an extra container (or two!) to bring some leftovers home with you. Bring copies of your recipe to share with others (or we can make copies here at the library). Registration begins December 17 for OB-EN residents, and on December 28 for non-residents, space permitting.

Chicken Soup for the Soul with Chef Robert Dell'Amore

Wednesday, January 16, 7:00 pm

Chef Rob Dell'Amore will demonstrate how to make a hearty and healthy chicken soup. Sautéed chicken and garlic, with roasted red peppers, tomatoes, onions, sausage and green olives. Easy, fast and totally satisfying. The perfect "comfort food" for the fall/winter months. Registration begins December 17 for OB-EN residents, and on January 2 for non-residents, space permitting.

Chicken Dell'Amore

Wednesday, February 13, 6:30 pm

Chicken Dell'Amore means "Chicken of Love" which makes this perfect for a nice Valentine's Day meal. Roasted red peppers, radicchio, sun-dried tomatoes, red beans and tender chicken over red quinoa, rice or pasta. Registration begins January 14 for OB-EN residents, and on January 30 for non-residents, space permitting.

Heart Healthy Meal Solutions from a Busy Cardiologist for Busy Lifestyles

Wednesday, February 27, 7:00 pm

Learn how to make delicious heart healthy meals that are quick, inexpensive, and easy to do on a busy weekday night. Registration begins January 14 for everyone.

Exercise

Yoga

Saturdays, February 9, 16, 23,
March 2 & 16 (skips March 9)

Beginners: 9:20 - 10:20 am

Intermediate: 10:30 - 11:30 am

\$25 per person, CASH ONLY due at in-person registration. Yoga mat, block and strap are recommended. With instructor Kim DeSantis. Registration begins January 14 for OB-EN residents, and on January 26 for non-residents, space permitting.



Children's Programs

Registration preference will be given to Oyster Bay-East Norwich residents. Register online using an adult card, in person, or call 922-1212. Non-residents may register the day before a program, space permitting.

January/February Storytimes

Tuesdays & Wednesdays, January 15 - February 13

Registration begins December 14 for Mother Goose Time (9-23 mos), Toddler Time (24-35 mos), and Just for Us (3-5 yrs). See newsletter calendar for dates and times. No classes on January 30 due to delayed opening.

Jump for Joy

Friday, January 4

10:00 - 10:45 am (9 mos - 2 yrs w/ adult)

11:00 am - Noon (2-5 yrs w/ adult)

Babies are free to play and explore in tunnels, ball pits and kid-sized equipment. Toddlers can have fun with costumes, musical instruments, props, parachutes, and puppets. *Registration begins December 14.*

Toothbrush Robot (grades 1 and up)

Wednesday, January 9, 5:00 - 6:00 pm

Make your own mini robots with toothbrush tops and mini motors. *Registration begins December 14.*

Valentine's Day Chocolate Pizza

Monday, February 11

3:30 - 5:00 pm (3-5 yrs w/ adult)

5:15 - 6:45 pm (6 yrs and up)

Make a delicious chocolate pizza with Chocolicious Chocolatier for Valentine's Day. 3-5 year olds will also hear a story while kids ages 6 and up will play Candy Bingo. *Registration begins January 22.*

Winter Break Programs

Katie's Puppets (all ages)

Tuesday, February 19, 11:30 am - 12:30 pm

Join Mr. Mouse on his adventure to save the princess! Then participate in a puppet workshop.

Registration begins January 22.

Dog Tales (*child must be able to read)

Friday, February 22, 4:15 - 5:15 pm

Kids get special one-on-one time reading to therapy dogs which has been shown to improve comprehension and enjoyment.

Registration begins January 22.

Shake 'N Make Music (birth - 5 yrs w/ adult)

Tuesday, February 26, 10:30 am - 11:15 am

A high-energy, fun-filled music and movement session incorporating instruments, bean bags, bubbles and much more. *Registration begins January 22.*



Young Adult Programs

Register online using an adult card, in person, or call 922-1212.

- ♦**Teen Advisory Board (grades 7-12). Tuesdays, January 15 & February 12, 2:30 pm.** Share your ideas about books, music, movies and more! Snacks served. Need community service? Join us!
- ♦**Snack & Study at the Library.** Join us in the Fiction room during mid-term exam week (January 22 - 25) and enjoy snacks and water while you study.
- ♦**Parent/Teen Yoga (grades 5-12). Tuesday, February 5, 6:30 pm.** Join us for a special Valentine's Day yoga class with your teen or tween. Our class will focus on breath, movement, and some fun partner poses. The class is open to all levels. *Registration begins January 5.*
- ♦**Chocolicious Valentine's Workshop (grades 5-12). Monday, February 11, 7:00 pm.** Hands-on workshop where you will mold, dip and decorate treats for Valentine's Day. *Registration begins January 5.*

Adult programs continued

AARP Tax Help

AARP volunteers will be available to assist you with your taxes on Mondays from February 4 through April 15 (except February 18 when we are closed). **BY APPOINTMENT ONLY!** Appointments will be available at 10:00 am, 11:00 am, 12:00 pm & 1:00 pm. *Registration begins January 14 in person or by phone for all.*

Films at the Library

Thursdays, January 3, 10, 17, 24, 31, February 7, 14, 21, and 28
2:00 & 6:30 pm

Film titles to be announced. See flyers or library website for more information. *No registration; first come, first seated.*

Book Discussion

Copies of the book will be available at the Circulation Desk approximately one month before the discussion.

Monday, January 28, 7:30 pm. The Vegetarian by Han Kang.

January Programs

Tu 1	NEW YEAR'S DAY -- CLOSED	
W 2	Blood Drive	1 - 7 pm
Th 3	Movie: TBA	2 & 6:30pm
F 4	Jump for Joy (9 mos - 2 yrs w/ adult) (2 - 5 yrs w/ adult)	10-10:45am 11am-Noon 9:20/10:30
Sa 5	Yoga	7 pm
M 7	Making Your New Year's Resolutions Stick	5 - 6 pm
W 9	Toothbrush Robot (gr 1 and up)	2 & 6:30pm
Th 10	Movie: TBA	4 - 5 pm
F 11	Recipe Swap: Soup's On	9:20/10:30
Sa 12	Yoga	10:05 am
Tu 15	Mother Goose Time (9-23 mos) Toddler Time (24-35 mos) Just for Us (3-5 yrs) Teen Advisory Board (gr 7-12)	10:30 am 11:00 am 2:30 pm
W 16	Mother Goose Time (9-23 mos) Toddler Time (24-35 mos) Just for Us (3-5 yrs) Chicken Soup for the Soul	10:15 am 10:40 am 1:30 pm 7 pm
Th 17	St. Francis Hospital Outreach Bus Movie: TBA	10am-2pm 2 & 6:30pm
Sa 19	Yoga Tax Grievance Seminar	9:20/10:30 12:30 pm
M 21	MARTIN LUTHER KING, JR DAY -- CLOSED	
Tu 22	Mother Goose Time (9-23 mos) Toddler Time (24-35 mos) Just for Us (3-5 yrs) Snack & Study at the Library (gr 7-12)	10:05 am 10:30 am 11:00 am
W 23	Mother Goose Time (9-23 mos) Toddler Time (24-35 mos) Just for Us (3-5 yrs) Snack & Study at the Library (gr 7-12) Smarter Social Security & Spousal Benefits	10:15 am 10:40 am 1:30 pm 7 pm
Th 24	Snack & Study at the Library (gr 7-12) Movie: TBA	2 & 6:30pm
F 25	Snack & Study at the Library (gr 7-12)	
Sa 26	Coast Guard Auxiliary Safe Boating Course Tech Buddies - by appt only	9am - 5pm 2-4 pm
M 28	Book Discussion	7:30 pm
Tu 29	Mother Goose Time (9-23 mos) Toddler Time (24-35 mos) Just for Us (3-5 yrs)	10:05 am 10:30 am 11:00 am

W 30	LIBRARY OPENING AT 11 AM FOR STAFF TRAINING Let's Make Cervical Cancer Extinct	7 pm
Th 31	Movie: TBA	2 & 6:30pm

February Programs

Sa 2	Empire Safety Council Defensive Driving	9:30 - 3:30
M 4	AARP Tax Help - by appt only	10am-1pm
Tu 5	Mother Goose Time (9-23 mos) Toddler Time (24-35 mos) Just for Us (3-5 yrs) Parent/Teen Yoga (gr 5-12)	10:05 am 10:30 am 11:00 am 6:30 pm
W 6	Mother Goose Time (9-23 mos) Toddler Time (24-35 mos) Just for Us (3-5 yrs) Movie: TBA	10:15 am 10:40 am 1:30 pm 2 & 6:30pm
7	Movie: TBA	2 & 6:30pm
Sa 9	Yoga	9:20/10:30
M 11	AARP Tax Help - by appt only Valentine's Day Chocolate Pizza (3 - 5 yrs w/ adult) (6 yrs and up) Chocolicious Valentine's Workshop (gr 5-12)	10am-1pm 3:30 pm 5:15 pm 7 pm
Tu 12	Mother Goose Time (9-23 mos) Toddler Time (24-35 mos) Just for Us (3-5 yrs) Teen Advisory Board (gr 7-12) Valentine's Mug Painting (adult)	10:05 am 10:30 am 11:00 am 2:30 pm 6:30 pm
W 13	Mother Goose Time (9-23 mos) Toddler Time (24-35 mos) Just for Us (3-5 yrs) Chicken Dell'Amore	10:15 am 10:40 am 1:30 pm 6:30 pm
Th 14	Movie: TBA	2 & 6:30pm
Sa 16	Yoga	9:20/10:30
M 18	PRESIDENTS' DAY -- CLOSED	
Tu 19	Katie's Puppets (all ages)	11:30 am
Th 21	Movie: TBA	2 & 6:30pm
F 22	Dog Tales (*child must be able to read)	4:15 pm
Sa 23	Yoga Tech Buddies - by appt only	9:20/10:30 2-4 pm
M 25	AARP Tax Help - by appt only AARP Smart Driver, night 1	10am-1pm 5:30-8:30
Tu 26	Shake 'N Make Music (birth - 5 yrs w/ adult) AARP Smart Driver, night 2	10:30 am 5:30-8:30
W 27	Heart Healthy Meal Solutions...	7 pm
Th 28	Movie: TBA	2 & 6:30pm

Oyster Bay-East Norwich Public Library

89 East Main Street, Oyster Bay, NY 11771

(516) 922-1212

<http://www.oysterbaylibrary.org>

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LIBRARY HOURS

Monday, Tuesday, Thursday	9:30 am - 9:00 pm
Wednesday	10:00 am - 9:00 pm
Friday	9:30 am - 6:00 pm
Saturday	9:00 am - 5:00 pm
Sunday	1:00 pm - 5:00 pm

LIBRARY CLOSINGS & SPECIAL HOURS

Tuesday, January 1 - NEW YEAR'S DAY
Monday, January 21 - MARTIN LUTHER KING, JR DAY
Wednesday, January 30 - OPENING 11 AM FOR STAFF TRAINING
Monday, February 18 - PRESIDENTS' DAY